

**INDIAN SCHOOL MUSCAT**  
**SECOND PERIODIC ASSESSMENT**  
**MAY 2019**  
**CLASS XII**

**SET B**

**Marking Scheme – PSYCHOLOGY [THEORY]**

Q.NO.	Answers	Marks (with split up)
1.	True	1
2.	Psychoneuroimmunology	1
3.	Eustress	1
4.	acquiescence	1
5.	According to Kobasa People with more stress and less illness posses 3 characters called control, commitment and challenge. All these 3 C's together known as hardiness.  Control  Commitment  Challenge (To be explained in detail)	3
6.	Cultural approach of personality, Culture refers to the customs, traditions, values which are followed and observed by the people in a particular area. The culture is actually shaping the personality of the people and it is observed that the children in village culture have cooperative nature and in city culture people are independent. Birhor tribal society of Jharkhand is one of the best example to explain the cultural approach of personality.	3
7.	Life skills are the abilities which are necessary for adaptive behaviour.  The various life skills are <ul style="list-style-type: none"> <li>i. Assertiveness</li> <li>ii. Time management</li> <li>iii. Rational thinking</li> <li>iv. Improving relations</li> <li>v. Overcoming unhelpful habits</li> </ul>	4
8.	i. RIBT	6

	<ul style="list-style-type: none"> <li>ii. TAT</li> <li>iii. Rosen weig's picture frustration study</li> <li>iv. Sentence completion test</li> <li>v. Draw a person test (To be explained)</li> </ul>	
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